

Introduction

On 20th March a global pandemic of Coronavirus put Scotland into lockdown. All schools/nurseries were closed to the majority of children. Covid-19 and lockdown has been an incredible challenge for us all. The full extent of the damage caused will be felt for many years. We have no doubt that many children experienced an increased risk of abuse and our programme is more vital than ever.

Achievements

499 workshops were held

91 nurseries visited

3529 interactions with nursery children

51 P1 refresher workshops were held

1061 P1 children attended a refresher workshop



When lockdown began, we quickly moved to remote working to continue our much needed services. We responded to lockdown by filming stories and creating activity packs that parents and carers could download, including two in Gaelic. We promoted these on social media and shared with schools and nurseries. We were delighted to partner with Highland Office Equipment, and thanks to their generosity we could provide paper copies to the many families in need.

Downloads:

Gaelic copies - 336

English copies - 916



Chairwomans Report

During this last year, Safe, Strong and Free has faced many challenges, the biggest being the Covid Pandemic.

The organisation has had to find new ways to reach out and support children and their families throughout this difficult time. We are extremely lucky to have Kerry Glen as our Project Co-ordinator who has worked very hard to come up with new ideas to continue the work of Safe, Strong and Free. Technology has played an enormous part in keeping the Project going, including Board Meetings via Zoom. I would like to thank my fellow Directors for taking part in these and supporting Kerry and her team and for their continuing support.

I would like to thank our Staff Team for their patience and hope that the Project workers will soon be back in Nurseries in person to continue their fantastic work, spreading the message of keeping children safe.

I would like to take this opportunity to wish Staff, Volunteers and Directors who have moved on all the best and thank them for their work and support for Safe, Strong and Free.

Finally, special thanks to Kerry for all the hours and hard work she has given to Safe, Strong and Free to ensure that our important work continues and grows in the future.

Angela S Ogilvie
Chairperson

Looking Ahead

As we develop our strategic plan, we will not only meet the challenge of protecting children, but also ensure our organisation is financially secure during these difficult times.

We will learn from our experience of adapting our ways of delivering service during COVID-19, including our virtual workshops. We will reassess our delivery models for the future to enable us to reach more children than ever before.

The future is so uncertain for many children and young people and it is up to all of us to make it brighter for them. Working together in our communities we can help build a better future and ensure children's safety is put first.

Finally, we would like to thank our funders. We are grateful to you for supporting us financially during these challenging times.

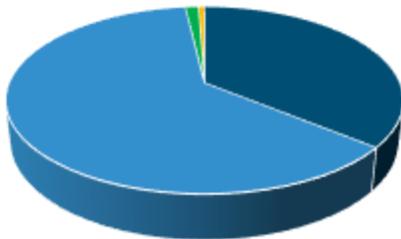
SSF FINANCIAL SUMMARY – YEAR ENDED 31 MARCH 2020

Income

Despite a difficult financial climate in which charity funding has been significantly reduced, we have been successful in delivering income of £156,301, being an increase of £12,624 on the previous year. This has been due to the success of our funding strategy which has provided grants of over £153,361 in this year. Our thanks go to the Highland Council, The Big Lottery, Robertsons Trust, The Scottish Children's Lottery, The Adam Family, SSE Beatrice Fund and the Westminster Foundation.

Income 2019/20

- Highland Council / NHS
- Grants
- Donations
- Other activities

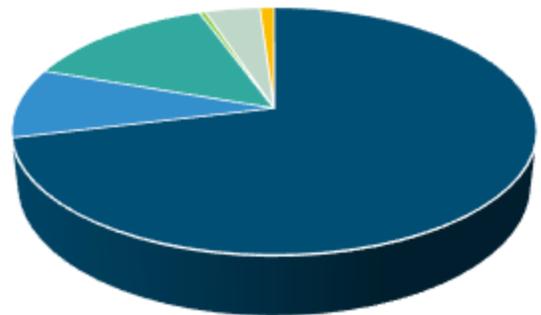


Expenditure

Expenditure during the financial year continued to be controlled at £150,055. The main expenditure is the staff costs of £106,832 which has increased by £6,188 on the previous year.

Expenditure 2019/20

- Staff Costs
- Admin & Governance
- Project Evaluation
- Cost of Service Delivery
- HR costs
- Cost of Fundraising



Financial Statement for the year ended 31 March 2020

INCOME AND EXPENDITURE

	2019/20	2018/19
Income		
Highland Council/NHS	£56,117	£56,117
Grants:		
Robertsons Trust	£15,000	
Scottish Children's Lottery	£15,000	
Adam Family	£6,744	
Big Lottery Fund	£50,000	
SSE Beatrice Fund	£6,000	
Westminster Foundation	£4,500	
TOTAL GRANT INCOME	£97,244	£87,008
Donations	£2,015	£362
Other activities	£925	£190
TOTAL INCOME	£156,301	£143,677
Expenditure		
Staff Costs	£106,832	£100,644
Cost of Service Delivery	£13,707	£11,333
Admin & Governance	£21,211	£18,997
HR costs	£685	£2,160
Project Evaluation	£6,051	£18,156
Cost of Fundraising	£1,569	£487
TOTAL EXPENDITURE	£150,055	£151,777
Net Surplus / (deficit) for the year	£6,246	-£8,100

BALANCE SHEET

Assets		
Fixed Assets	£0	£681
Current Assets	£17,193	£17,864
Liabilities	£4,532	£12,130
Total assets less current liabilities	£12,661	£6,415

Company Information

Safe Strong and Free Project

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DIRECTORS

Angela Ogilvie

Kerrie MacLean

Robert Allan

Deborah Macrae

Isobel Mackenzie

Paula McCormack

Norma Holm

ADVISORS

Education

Social Work

NHS Highland

CALA

SCRA

Police Scotland

COMPANY SECRETARY

Kerry Glen

REGISTERED OFFICE

Rooms 11 & 12

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Inverness

IV1 1LE

REPORTING ACCOUNTANTS

Johnston Carmichael

Chartered Accountants

Clava House

Cradlehall Business Park

Inverness

IV2 5GH

BANKERS

Bank of Scotland

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Inverness

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SOLICITORS

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Funded by

